

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



A series of horizontal dotted lines for journaling.



Day 1

After watching, write one thing that:

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:

Dotted lines for writing responses to the three prompts.



Day 2

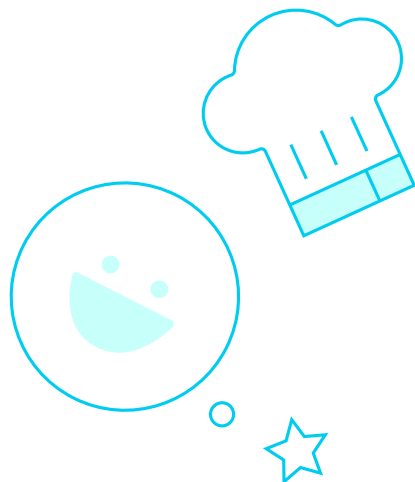
Read Luke 4:1-13

As you read through Luke 4:1-13, anytime you get to a quote from the Old Testament (hint: Jesus quotes Scripture three times and the devil does once), look up that verse and compare it to the quote in Luke.

Isn't it cool to think of Jesus quoting God's Word? We know that as a young Jewish boy, Jesus would have spent hours learning and studying Scripture. We even have the story of Jesus' parents finding Him in the temple after losing Him for three days—Jesus was discussing the holy text with the religious leaders.

All of the time Jesus spent growing in wisdom prepared Him well for the future—including this run-in with the devil.

Notice that the devil also had some Scripture memorized, but there's a big difference in how the devil used it to try to trick Jesus and how Jesus used it to defend Himself against the devil's evil plan.



Day 3

All of the Scripture Jesus memorized before He encountered the devil helped Him get ready to defend Himself.

You can model what Jesus did and prepare for those moments when you know you will need to practice self-control. One way to do that is by praying and asking God for help. What is a situation you sometimes find yourself in where you need to choose to do what's best even when you don't want to? Fill in the blanks below to personalize the prayer, asking God to give you self-control.

Dear God, I want to be ready to do the right thing, even when it's something I don't want to do. Please give me self-control when it comes to _____ (describe the situation) _____.

Help me to _____ (describe what self-control would look like in that situation) _____.

Help me to _____.

Help me to be faithful to read Your Word and to fill my heart and mind with the truth so that I am ready to choose what's best, even when I don't want to. In Jesus' Name, I pray. Amen.

Day 4

Earlier this week, we remembered the story of when Jesus' parents found Him in the temple, learning and talking with the religious leaders.

That experience as well as many others set Jesus up to be ready to face the devil's temptation down the road.

Find an adult who follows God and read Luke 4:1-13 together. Talk about what you have learned about this passage of Scripture. Share with each other what areas of life you struggle with self-control. Talk about how you can be ready to do the right thing, and set up a time to meet again in a few days to check in with each other to see if you are more ready to do the right thing!

Day 5

How do you get ready?

What are some situations when you struggle with choosing to do the right thing? Check out the list below of some common situations and circle 2-3 situations where you personally need self-control. Then read all the verses in the right column and draw a line to the situation it could apply to. (Note: there are answers given, but many of the verses could apply to several situations, so there are really no wrong answers.)

Check out the list below of some common situations and circle 2-3 situations where you personally need self-control. Then read all the verses below and match them to one of the situations by placing the verse number (a-f) in the blank lines.

- a. When someone is mean to me
- b. When I'm at a friends' house with fewer rules than mine
- c. When I have a lot of homework, but I have a new video game
- d. When a movie or show comes on that I'm not supposed to watch
- e. When I get a ton of candy all at once
- f. When my friend asks to see my test answers

____ Proverbs 25:28
____ Matthew 5:38-39
____ Leviticus 19:11
____ Proverbs 11:3
____ Proverbs 25:16
____ Mathew 6:22-23