

## The Book of Philippians | Chapter 2 - Follow Jesus' Example

### Message Big Idea

We adopt the mindset of Christ when we follow his example of sacrificial love.

### Scripture

Philippians 2:1-18

### Opening Questions

- 1 How have you been able to B.L.E.S.S. someone recently?
- 2 What famous person, living or dead, would you like to meet? Why?

### Bible Discussion

- 3 Read Philippians 2:1-18. What do you notice about this passage?
- 4 Paul's poem portrays Jesus as one who practices humility (vs. 3). What phrases does Paul use to highlight Jesus' humility? How are these examples of humility?
- 5 Reread verse 5. Paul says to have the same mindset as Jesus towards others. How would you put that mindset into your own words?

### Life Application

- 6 Read the statement by C.S. Lewis on humility below. What do you think of it? How is it similar or different from Paul's portrayal of humility in chapter 2?

*"Do not imagine that if you meet a really humble man, he will be what most people call 'humble' nowadays: he will not be a sort of greasy, smarmy person, who is always telling you that, of course, he is nobody. Probably all you will think about him is that he seemed a cheerful, intelligent chap who took a real interest in what you said to him. If you do dislike him, it will be because you feel a little envious of anyone who seems to enjoy life so easily."*

- 7 What makes it hard to think about others more? Or, what makes it hard for you to practice humility?
- 8 Reread verses 14-16. How would practicing Paul's teaching on humility outlined in the first part of the chapter help us "shine like stars?"