

MESSAGE BIG IDEA

From this day forward, commit to share fun.

SCRIPTURE

Isaiah 25:6-8, Proverbs 17:22, Ecclesiastes 3:11-13, Nehemiah 8:9-12

ICEBREAKER AND OPENING THOUGHT

1. What is one thing that always brings a smile to your face?
2. Pastor Craig Groeschel once said: “If you don’t have some fun in your marriage, one day you may not have a marriage.” It is essential to have fun in your most important relationships. Why is having fun together vital to relationships?

BIBLE DISCUSSION

3. Read Isaiah 25:6-8, Proverbs 17:22, and Ecclesiastes 3:11-13. What do these passages have to do with having fun?
4. Read Nehemiah 8:9-12. One way to translate verse 10 is: “Do not be sad, because your strength lies in rejoicing in Yahweh.” On a holy day when the people’s impulse was to be sad, Ezra, the priest, tells them to rejoice in God’s faithfulness. Why is it important for us to draw strength from rejoicing in God?

LIFE APPLICATION

5. We won’t stumble into fun in our most important relationships. We will have to pursue and plan for fun. How can you pursue fun? Brainstorm and share some examples as a group.
6. You may want to plan fun that connects to the “Love Language” your friends, spouse, or family “speaks.” Review those in the additional resources and discuss them as a group.

CHALLENGE

It is crucial to pursue fun and joy in our relationships. What are two ways you can pursue fun with friends, your spouse, or with your family this month? Share ideas with the group or plan them when your group time is finished. Close the group, thanking God for God’s generosity and joy.

THE FIVE LOVE LANGUAGES

Words of Affirmation – Words build others up. If your spouse’s love language is Words of Affirmation, a fun way to engage this might be a scavenger hunt—place notes around the house with a final “love letter” at the end. Something like “this is where we eat the great dinners you make” or “this is my favorite shirt that you wear”. Each one of those little notes isn’t just fun; it feels like love.

Receiving Gifts - This love language is about a token to show love. If ever there was a time when the adage, “It’s the thought counts,” was true, this is it. It does not have to be expensive, especially if it’s fun! Think of a playful gift for your spouse. Something personal or an inside joke. Is there a picture that always makes you laugh? Frame it and give it as a gift!

Acts of Service - This love language is doing something for your spouse that they don’t have to do for themselves. Think laundry, putting gas in the car, or vacuuming. If this isn’t your love language, it just feels like work - but it feels like love to your spouse!

Physical Touch - This love language is pretty straightforward, but also plan for fun. Taking a dance class together will surely bring on laughter. Watching a funny movie while cuddling on the couch is great for the Physical Touch person, too!

Quality Time - This love language is all about undivided attention. Many of the examples listed previously also work for Quality Time! The main point is to do something fun together without the distractions of phones, kids, and work.