

— We hope you find this resource helpful as your family explores what it means to remember and celebrate Jesus through communion.

At COMMUNITY, we invite anyone who wants to remember Jesus to celebrate with us by receiving communion. Just as we invite others to know Him through the teaching of the Scripture, we invite anyone who is willing to come to know Him through the receiving of the communion elements. No matter your age, or where you are on your spiritual journey, you are included and invited to participate.

Your children and students may have a limited understanding of the meaning and depth of communion and what it represents. Take advantage of the simple steps provided on this card as you begin to teach your family what communion is and how to participate in this act of celebration!

## COMMUNION STEPS

1. Gather together in your home or at your church.
2. Read 1 Corinthians 11:23-26 together:

*23 I passed on to you what I received from the Lord. On the night the Lord Jesus was handed over to his enemies, he took bread. 24 When he had given thanks, he broke it. He said, "This is my body. It is given for you. Every time you eat it, do it in memory of me." 25 In the same way, after supper he took the cup. He said, "This cup is the new covenant in my blood. Every time you drink it, do it in memory of me." 26 You eat the bread and drink the cup. When you do this, you are announcing the Lord's death until he comes again. (NIRV)*

3. Talk and pray about what you are remembering about Jesus. Use the guide on the backside of this card to help you with your conversation.

4. Hand out the cup of juice and the bread.
5. Say this:

*During the last supper that Jesus ate with his friends and disciples, he taught them how to take communion. Jesus took some bread. He thanked God for it, broke it, and gave it to the disciples. Then Jesus said, 'This bread is my body that I am giving for you. Do this to remember me.'*

*(Take and eat the bread)*

In the same way, after supper, Jesus took the cup and said, 'This cup shows the new agreement that God makes with his people. This new agreement begins with my blood which is poured out for you.'

*(Take and drink the juice)*

You cannot do this "wrong". Communion is a moment of remembrance, thanksgiving and celebration. Pray for God's wisdom and presence as you lead your children and students in this celebration.



# REMEMBER TOGETHER



- **We remember who He is!** When we take the bread and drink from the cup we remember Christ. He is God's Son, Jesus Christ, our Savior and Lord.
- **We remember who we are!** We are sinners in need of forgiveness. It's appropriate to take a quiet moment to confess our sin to God and ask for forgiveness.
- **We remember what He did!** Christ died for our sins on the cross. He loves us so much that He died so our sin would no longer separate us from God. Jesus gave His body (represented by the bread) on the cross for your sins. Jesus also bled on the cross (the cup represents his

blood). He died, was buried, and rose from the grave to live again so that we could forever live with God in heaven.

- **We remember what He does!** Jesus is doing something for us every day of our lives. If we have invited Jesus to be our Savior, He lives in us! He loves us so much that He is always at our side. He is our best friend, our guide. He leads us along the way, into the right way, into the best way. He is our Shepherd. He cares for us protects us looks after us. Jesus is just as near and real as the bread and juice we see with our eyes and touch with our hands and lips.
- **We remember that He is coming back!** We eat the bread and drink the cup remembering how Jesus, our Savior and Lord, came to this earth to die for us. Jesus wants us to celebrate communion until He comes again. One day, Jesus is coming back in a wonderful way, yet we do not know the exact time when He will return. We wait, and we remember Him through communion.



**COMMUNITY  
CHRISTIAN CHURCH**

COMMUNITYCHRISTIAN.ORG

## FAMILY COMMUNION RESOURCE GUIDE

 **COMMUNITY CHRISTIAN CHURCH**